

You are a ...



Good Morning!

As promised, here is recap #2 of the three Acts of Empowerment we've already discussed at the Gathering.

2. **A Totally Fabulous Woman knows she is not alone.**

If you are not alone who or what is with you? The obvious answer or course is God, aka Infinite Universal Intelligence, aka Spirit or whatever name makes you comfortable. But what does this really mean?

This means that every moment of your life you are paired with unseen power; power that you can lean into, learn from, count on for support in good and difficult times, get guidance from, and create an active relationship with. This is how the Universe is designed.

You can develop personal experience of this truth by creating habits that foster this relationship--practice putting effort into exploring the truth in this claim and testing its validity in your life. Create a habit of thinking about having a relationship with your Highest self. Ask questions like what does having a relationship with my Highest Self mean? What does such a relationship look like? How must I change to see and experience more of this "idea"? What must I allow or embrace? The point is to give the life you desire more contemplation. Let it breathe. It must live in your mind and heart as a possibility first; as undiluted by feelings of lack, fear and other limiting interruptions as possible. And when you are challenged, stay committed to this practice even as you navigate the challenge.

Every desire that lives in your heart and every experience you might encounter has already been experienced and successfully navigated by many others. This is another way the LOVE of the Universe sends the message that you are not alone. Rather than being jealous or feeling left out, allow yourself to be encouraged by all those who have successfully accomplished, navigated or grown from what is before you. **A Totally Fabulous Woman who knows she is not alone knows there is never a legitimate need for despair.**

The YOU inside your life matters!

When you know yourself you are empowered. When you accept yourself you are invincible!™